

Behavioral Health Resources

Your
Behavioral
Health
Professional ...



Jeffrey Scoby, LMSW

Jeffrey Scoby holds a Master's Degree in Social Work from Michigan State University and has been an outpatient therapist with Behavioral Health Resources since 1990. He is a member of the National Association of Social Workers. Jeffrey provides therapy to individuals, groups and couples. His areas of interest include working with adults coping with depression and stress in their lives. In addition, Jeffrey provides services to victims of abuse and perpetrators of abuse. He also has an interest in helping those with sexuality issues and people who are compulsive gamblers. Jeffrey's focus is to help people identify their cognitive distortions and realize how those distortions and beliefs manifest into a negative life and lifestyle and help them reverse this trend.

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