

Behavioral Health Resources

 *Your
Behavioral
Health
Professional ...*



Lucinda Hansen, LLP

Lucinda Hansen is a Limited License Psychologist. She holds dual Master's Degrees in Education and Counseling Psychology. Since 2000, Lucinda has been an outpatient therapist with Behavioral Health Resources providing substance abuse co-occurring treatment, relapse prevention, couples therapy, trauma and post-traumatic stress disorder recovery, dialectical behavioral therapy for treatment of bipolar disorder, and treatments for depression and anxiety disorder, and codependent behavior. Lucinda uses a variety of unique interventions in delivering therapy including, Dialectical Behavioral Therapy and RET. In addition, she is an accomplished artist and uses art therapy to improve an individual's mood management, life functioning, and sense of mastery in their lives. Lucinda believes people can always learn new ways to improve the quality of their lives.

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