

Behavioral Health Resources

 *Your
Behavioral
Health
Professional ...*



Jerry Gillette, LMSW

Jerry Gillette holds a Bachelor's Degree in Psychology from Spring Arbor College and earned a Master's Degree in Social Work from Western Michigan University. He has over 20 years of experience working as a Family Therapist helping families and adolescents with complex needs. Jerry trained with the Beck Institute for Cognitive Therapy and Research and currently provides Cognitive Behavioral Therapy with specialty in anxiety and depressive disorders. In addition, he provides Motivational Therapy to individuals who seek to overcome self-defeating habitual behaviors. Jerry works with all age groups. He believes that a child's mental health needs are best addressed within the family, and providing parents with the skills and supports needed to address their child's needs is the ideal way to assure success. Jerry also believes strongly in the Cognitive Behavioral Therapy model to treat emotional distress. Providing tools to help people can greatly improve their ability to manage their emotions and better cope.

3630 Capital Ave., SW

Battle Creek, MI 49015

P: 269/979-8333