

Behavioral Health Resources



*Your
Behavioral
Health
Professional ...*



Anne Ampey, LMSW

Anne is a licensed therapist and has worked with Behavioral Health Resources since 2000. She is a graduate of Western Michigan University's School of Social Work, where her undergraduate focus was gerontology. Prior to joining BHR, Anne worked in private practice in Kalamazoo, where she also provided services for Kalamazoo County Community Mental Health. During this time Anne's primary focus was working with families and children, providing extensive outreach services. Now she is trained in Dialectical Behavioral Therapy and currently works with customers in our DBT program. Anne has worked with children, however, currently she only works with adults and couples. Anne's philosophy is that this is *your* life's journey and the focus of therapy will be based upon *your* desires, needs and life goals.

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